



## Atrium Health

AH ONE HEALTH FAMILY MEDICINE  
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THOMAS TILLIS  


October 12, 2020

Dear Senator Tillis:


Thank you for your inquiry into when it is safe to be back in the public after testing positive for SARS-CoV-2. As your Family Physician, I have always appreciated your trust. I'm happy to report that since you have had such a mild case of Covid-19 and have a strong immune system you are free to return to work without any restrictions on 10/13/2020.

The CDC guidelines for ending isolation re: those that know they are positive for the new coronavirus are simple. Regarding your case, there are 3 criteria that are CDC guidelines to meet. One must complete 10 days of quarantine from testing positive when they were diagnosed asymptotically like yourself. Second, one must be fever free for at least 24 hours without the use of fever reducers. Last, one must have all other symptoms improve. You will fulfill all of these CDC criteria of ending your Covid-19 isolation at 4 pm today, 10/12/2020.

Thank you for being in constant communication with me during this time. Knowing that you had Mild Covid-19, originally tested positive on 10/2/20, do not suffer from immunosuppression, never had a fever, and remained asymptomatic for the last 8 days gives me great confidence that you have met our guidelines for ending isolation as of 4 pm today.

If you have an further needs regarding this matter please don't hesitate to contact me.

Sincerely yours,



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